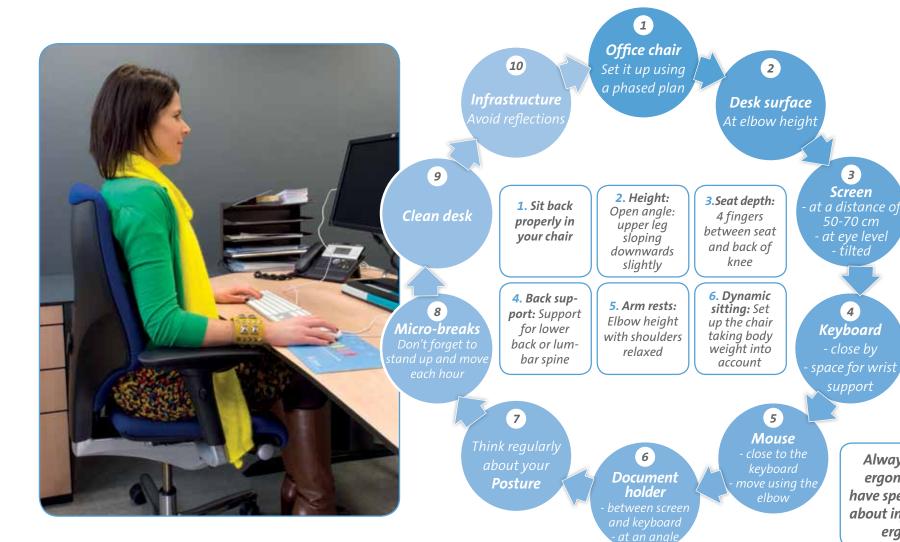
Are you sitting comfortably?





Always consult an ergonomist if you

have specific questions about injuries or office

ergonomics!

3

Screen

50-70 cm

- tilted

4

- close by

at eye level